

REVIEW ARTICLE

FRONTIERS IN MEDICINE

Genetic Variation, Comparative Genomics,
and the Diagnosis of Disease

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THE DISCOVERY OF MUTATIONS ASSOCIATED WITH HUMAN GENETIC DISEASE is an exercise in comparative genomics (see Glossary). Although there are many different strategies and approaches, the central premise is that affected persons harbor a significant excess of pathogenic DNA variants as compared with a group of unaffected persons (controls) that is either clinically defined¹ or established by surveying large swaths of the general population.² The more exclusive the variant is to the disease, the greater its penetrance, the larger its effect size, and the more relevant it becomes to both disease diagnosis and future therapeutic investigation. The most popular approach used by researchers in human genetics is the case–control design, but there are others that can be used to track variants and disease in a family context or that consider the probability of different classes of mutations based on evolutionary patterns of divergence or de novo mutational change.^{3,4} Although the approaches may be straightforward, the discovery of pathogenic variation and its mechanism of action often is less trivial, and decades of research can be required in order to identify the variants underlying both mendelian and complex genetic traits (see video, available at NEJM.org).

For example, X-linked color blindness is a well-known genetic trait that is commonly observed among males of northern European descent.⁵ Mutations in red- and green-cone color pigment (opsin) genes have long been known to underlie this trait. Remarkably, the prevalence of potentially defective mutations (15.7%) observed among European males at first seemed higher than the observed prevalence of the color-vision defects (8.2%). This discrepancy was partially resolved by the realization that opsin genes were variable in copy number⁶ and that their expression was restricted to the first red and green opsin genes of a tandem array, the expression of which was under the control of a single locus-control region.⁷ Irrespective of how many additional copies of the duplicate genes a person carried, what really mattered was only which genes were in the first and second position of the gene cluster (Fig. 1). Thus, only mutations that disrupted, deleted, or created fusion genes in those two critical positions of the tandem array of gene copies would manifest as color-vision defects. Mutations in the other copies of the opsin genes were of little consequence.⁵

There are three key aspects to genetic disease associations: comprehensive variant discovery, accurate allele-frequency determination, and an understanding of the pattern of normal variation and its effect on expression. The normal pattern of genetic variation includes the frequency of de novo mutation, demographic differences, and evolutionary selection at any given locus. An understanding of each of these entities is dependent on advances in genomic technology, including the accurate sequencing and assembly of the genomes of other species. Over the past two decades, there have been biases in our ascertainment of these features driven


An illustrated
glossary and
a video overview
of genetic
variation and
disease diagnosis
is available at
NEJM.org

Glossary

- Acrocentric:** A term applied to chromosomes in which the short arm is substantially shorter than the long arm. Acrocentric DNA is typically composed of large, highly repetitive DNA encoding ribosomal RNA genes.
- Aneuploidy:** The occurrence of one or more extra or missing chromosomes, leading to an unbalanced chromosome complement.
- Centromere:** The point or region on a chromosome to which spindle microtubules attach; it is necessary for meiotic and mitotic segregation. In mammals, the centromere corresponds to the primary constriction of metaphase chromosomes and is typically composed of large tracts of repetitive DNA.
- Comparative genomics:** A subspecialty of genomics research in which the structure and function of DNA sequence is compared between species or populations of organisms.
- Complex genetic disease:** A condition caused by the interaction of multiple genes and environmental factors. Examples of complex conditions, which are also called multifactorial diseases, are cancer and heart disease.
- Copy-number variation:** Variation from one person to another in the number of copies of a particular gene or DNA sequence. The full extent to which copy-number variation contributes to human disease is not yet known.
- De novo mutation:** Any DNA sequence change that occurs during replication, such as a gene alteration newly occurring in a family as a result of a DNA sequence change in a germ cell or a fertilized egg.
- Deletion:** A mutation that involves the loss of genetic material. It can be small, involving a single missing DNA base pair, or large, involving a piece of a chromosome.
- Exome:** All known protein-coding sequences, or exons, in the human genome, constituting approximately 1 to 2% of the 3.2 billion nucleotide base pairs in the human genome.
- Exon:** The portion of a transcribed gene that encodes amino acids.
- Genome:** The entire set of genetic instructions found in a cell. In humans, the genome consists of 23 pairs of chromosomes, found in the nucleus, as well as a small chromosome found in the mitochondria of the cell.
- Genomewide association study:** An approach to the discovery of disease-risk loci that relies on searching the entire genome to identify genetic variants with allele frequencies that are robustly correlated with either disease status or the level of a trait of interest. If the association between the variant and the disease or trait is significant, it is referred to as a genomewide association signal.
- Graph-based reference genome:** A nonlinear genome representation that builds on a reference sequence, with genetic variants added as edges and invariant sections added as nodes in a graph in order to capture the haplotypic diversity of a species or a population.
- GRCh38:** A coordinate-based, high-quality representation of the human genome sequence that is highly annotated, accessible to the public, and evaluated by the community. It consists of a composite of different human genomes, rather than being derived from a single person, and mapping of sequence against it is used to discover genetic variation and interpret its effects.
- Haplotype:** A set of DNA variations, or polymorphisms, that tend to be inherited together. A haplotype can refer to a combination of alleles or to a set of single-nucleotide polymorphisms found on the same chromosome.
- Human Genome Project:** An international project completed that mapped and sequenced the entire human genome.
- Indel:** An insertion or deletion mutation between 1 bp and 49 bp in length.
- Insertion mutation:** A type of mutation involving the addition of genetic material. An insertion mutation can be small, involving a single extra DNA base pair, or large, involving a piece of a chromosome.
- Introns:** The portions of a gene that are removed (spliced out) before translation to a protein. Introns may contain regulatory information that is critical to appropriate gene expression.
- Inversion:** A chromosomal segment that has been broken off and reinserted in the same place, but with the genetic sequence in reverse order.
- Long-read sequencing:** A genetic sequencing platform that relies on long sequence reads (>15,000 bp in length) and is used to discover genetic variants on the basis of sequence assembly and alignment to a reference (e.g., Oxford Nanopore Technologies or Pacific Biosciences).
- Mendelian disease:** Genetic disease attributable to variants with large effects on disease status. Because of the high penetrance of such variants, the disease typically cosegregates in a classic mendelian fashion (e.g., dominant or recessive).
- Mutation:** A change in a DNA sequence. Germ-line mutations occur in the eggs and sperm and can be passed on to offspring, whereas somatic mutations occur in body cells and are not passed on.
- Noncoding DNA sequence:** A DNA sequence that does not encode proteins. Noncoding DNA sequences, once referred to as “junk DNA,” account for the majority of genome sequences and are now known to harbor regions that regulate gene expression.
- Penetrance:** The likelihood that a person carrying a particular genetic variant will have a detectably altered phenotype.

Glossary (Continued.)

<p>Point mutation: An alteration in DNA sequence caused by a single-nucleotide base change, insertion, or deletion; a base insertion or deletion creates a frameshift.</p> <p>Private genetic variant: An ultra-rare genetic variant that is typically identified as segregating in only one family in a comparison set.</p> <p>Read depth: A measure of the number of reads mapping to a genomic interval; a number that is significantly higher or lower than the mean is interpreted as evidence of copy-number variation.</p> <p>Reference genome: A linear representation of the genome of a species, in which the sequence is ordered and oriented, along with gaps, into chromosomes. Its coordinate system is generally used by the research community for annotation and variant discovery and reporting.</p> <p>Regulatory sequence: A noncoding DNA sequence that affects the expression of genes.</p> <p>Retrotransposition: A molecular mechanism responsible for the propagation of mobile elements through RNA intermediates.</p> <p>Segmental duplication: A duplicated sequence in the genome that occurred during the course of evolution that is typically more than 1000 bp in length and more than 90% identical to the ancestral sequence.</p> <p>Short-read-calling algorithm: A series of strategies in which the pattern of short-read sequence data mapped to a reference genome is used to infer patterns of structural variation.</p> <p>Short-read sequencing: The current, dominant approach used to sequence human exomes and genomes. Short stretches of DNA from the patient are sequenced to generate short reads. The original position of each short read is determined by searching for a highly similar or identical DNA sequence in the reference genome sequence.</p> <p>Single-nucleotide variant: A type of variation affecting a single nucleotide in a DNA sequence, in which the nucleotide (for example, cytosine) is substituted with a different type of nucleotide (for example, thymidine).</p> <p>Structural variant: A genetic variant involving the insertion, deletion, duplication, translocation, or inversion of segments of DNA from 50 bp up to millions of base pairs in length.</p> <p>Telomeric: Pertaining to the terminal portion of a chromosome. In humans, the telomere is characterized by repeating tracts of the TTAGGG motif.</p> <p>Translocation: The positional change of one or more chromosome segments in cells or gametes without alteration of the normal amount of genetic material.</p> <p>Variable-number tandem repeat: A copy-number-polymorphic sequence in which the unit of the tandem array is at least 7 bp in length (in contrast to a short tandem repeat, in which the motif size is ≤ 6 bp in length).</p> <p>Whole-genome sequencing: Determination of the primary nucleotide sequence of the entire genome of an organism.</p>
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by technological limitations, funding priorities, and genetic paradigms of disease.

CLASSES OF HUMAN GENETIC VARIATION

Not all classes of mutation occur with equal frequency, nor are they equivalent with respect to their contribution to disease. The spectrum of human genetic variation is wide, ranging from point mutations — such as the substitution of a thymidine nucleotide for an adenine nucleotide in *HBB* (encoding beta globin), a cause of sickle cell disease — to large chromosomal aneuploidy events involving entire chromosomes, as is the case in trisomy 21 (Down's syndrome).

Although single-nucleotide variants (SNVs; the most well-characterized type of variant in the human genome^{8,9}) outnumber other types of DNA sequence variants by almost 7 to 1 (Table 1), an

analysis of data from the Human Gene Mutation Database (www.hgmd.cf.ac.uk/) indicates that 34% of all disease-causing variation is made up of variants that are larger than a single base-pair substitution — a trend that has been slowly edging upward over the past decade. Almost one third of these variants are classified as gross lesions involving deletions and insertions greater than 20 bp in length. Structural variation is a category that includes copy-number variation and has been used to refer collectively to differences that are at least 50 bp in length between two individual genomes; structural variation also includes insertions, deletions, inversions, and translocations.^{10,16} Operationally, these variants are distinguished from smaller insertions and deletions (known as indels) on the basis of length, with the latter being between 1 and 49 bp.

It is now clear that structural variation affecting genes is common and that it contributes sub-

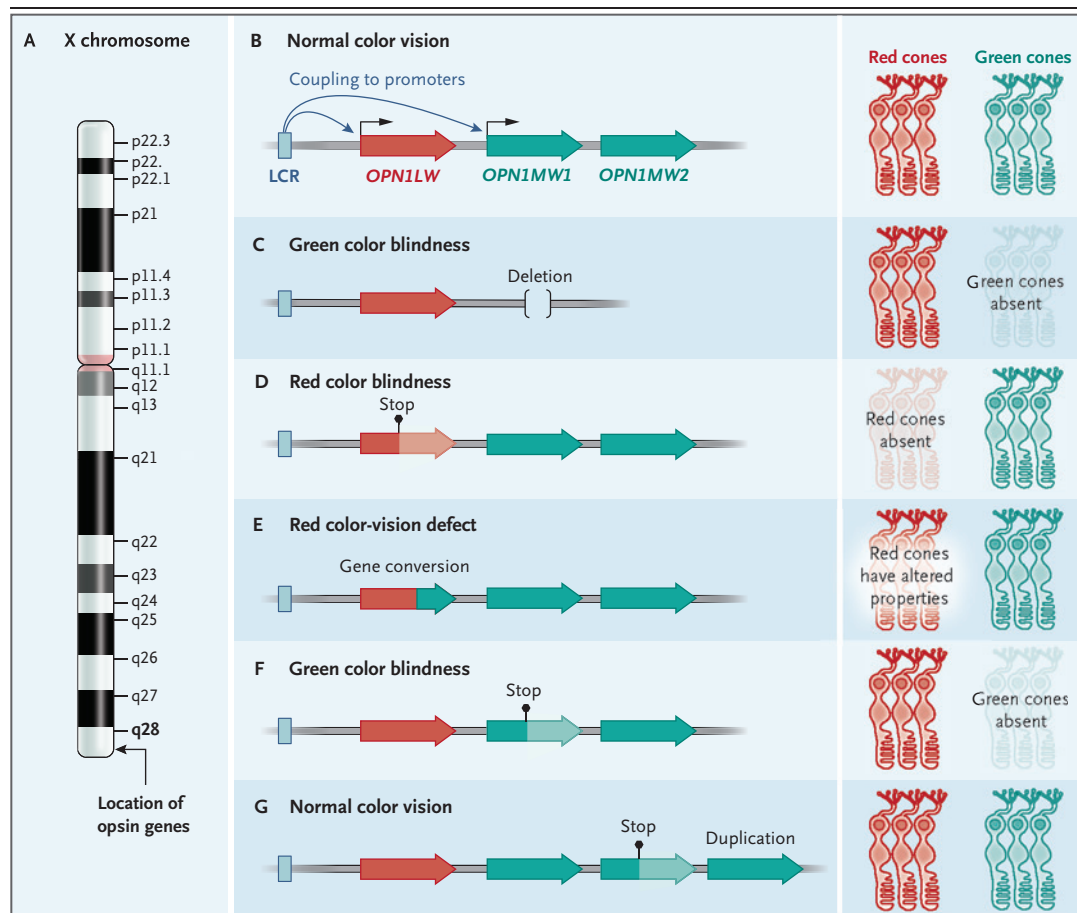


Figure 1. Structure and Expression of the Red–Green Color Blindness Loci.

Genes encoding the red (*OPN1LW*) and green (*OPN1MW1* and *OPN1MW2*) opsins are organized in a head-to-tail configuration on the X chromosome (Panel A). The locus control region (LCR) couples to the promoter of the red opsin or the first green opsin gene to drive transcription and leads to the formation of either red or green cones in the retina.⁵ Below the canonical organization (Panel B), five different human mutations are shown, including deletion of the green opsins, leading to green color blindness (Panel C); a stop codon mutation in the red opsin gene, resulting in red color blindness (Panel D); a gene conversion event creating a red–green hybrid gene, resulting in protanomalous color vision (Panel E); a stop codon in the most proximal gene, resulting in green color blindness (Panel F); and a duplication and stop mutation in distal green opsin genes, which have no effect on color vision because distal copy genes are rarely expressed in the retina (Panel G). The sequence structure, regulation, and copy-number variation are key to understanding the genotype–phenotype correlation of this human trait.

stantially to disease and disease susceptibility.^{17–22} Structural variants contribute more base-pair differences between two human haplotypes than any other form of genetic variation (Table 1).^{10,11} Moreover, as compared with SNVs, large structural variants are 3 times as likely to be associated with a genomewide association signal and more than 30 times as likely to affect the expression of a gene.^{10,23} This is because larger changes in DNA, such as the deletion or insertion of sequence, are generally more deleterious,²⁴ even in noncoding regions of the genome in which they

are more likely than an SNV to add, eliminate, or alter regulatory sequence and lead to gene-expression changes. Of course, when such events intersect the exons of protein-coding genes, they are likely to result in more severely deleterious events, because the loss of entire exons typically disrupts synthesis of the protein. It is not surprising, then, that large structural variants (i.e., >250,000 bp) rarely reach frequencies that exceed 1% in the general population. That said, approximately one quarter of ostensibly unaffected persons carry a structural variant that exceeds 250,000 bp.²⁵

Table 1. Classes of Human Genetic Variation.*

Class	Size of Variant	No. per Genome†	Size of Region Affected	Percent of Genome
	<i>bp</i>		<i>Mbp</i>	
Single-nucleotide variants	1	4,000,000–5,000,000	4–5	0.078
Insertions–deletions	1–49	700,000–800,000	3–5	0.069
Structural variants	>50	23,000–28,000	10–12	0.19
Inversions	>50	153‡	23‡	0.397
Multi-copy-number variants§	>1000	Approximately 500	12–15	0.232

* Data are from the 1000 Genomes Project Consortium,⁸ Sudmant et al.,^{10–12} Huddleston et al.,¹³ and Chaisson et al.^{14,15}

† The data reflect numbers of mutational events in a diploid human genome (consisting of approximately 5.8 Gbp of euchromatin DNA).

‡ The mean value is shown.

§ Multi-copy-number variants are a subset of structural variants that have not been completely resolved; they are enriched in segmental duplications but do not include heterochromatic regions of centromeric and acrocentric DNA.

Detection of human genetic variation is imperfect even when deep genome sequence data (i.e., very large numbers of sequence reads covering the area of interest) are available. Structural variants, in particular, have been the most difficult to characterize with the use of short-read DNA-sequencing methods, and so pathogenic alleles have gone undetected.^{20–22,26} This is because the detection of structural variation with the use of short-read sequencing technology is indirect: it depends on inference. The identification of insertions, deletions, or duplications is based on measurements of read depth or discordances between the DNA sequences obtained from the patient and the reference genome, currently defined as GRCh38.^{10,12,27–29} With this approach, the reference genome becomes the common benchmark for the discovery of larger variants, when sequence from the new genome shows patterns that are inconsistent with the organization found in the reference genome. Thus, with these indirect assays, the actual sequence of the structural variant is not characterized; rather, the presence of the variant is inferred. Approaches to discovering structural variants are particularly biased by the size and sequence context of the events themselves (Fig. 2). Most notable is the skew against intermediate-size structural variants (<2000 bp), inversions, regions with DNA composition that is GC- or AT-rich, and multi-copy-number variants mapping to duplicated regions.^{13,14,30} (Multi-copy-number variants are structural variants in which the copy number can range across multiple integer values in the general population.)

The fundamental problem is that structural variation is highly enriched within or near repetitive DNA.^{11,31,32} Repetitive DNA complicates the use of methods that are dependent on mapping, such as structural-variant detection, because sequence reads do not map uniquely but rather map to multiple locations in a genome. The shorter the sequence reads, the greater the fraction of the genome in which mapping becomes ambiguous. Thus, short sequence reads limit our ability to discover and genotype structural variants. Complex patterns of genetic variation and their association with genetic traits, such as red–green color blindness, for example, become difficult to disentangle. Because most of this variation has not yet been discovered or sequence-resolved, some have hypothesized that this cryptic genetic variation may contribute substantially to the “missing heritability” of human disease.^{33,34}

ADDITIONAL AND MORE COMPLETE REFERENCE GENOMES

Given the complexity of human genetic variation, it follows that a single human reference genome is insufficient. Indeed, one of the great surprises after the initial sequencing of the first human genome (which provided the basis of the current human reference genome, GRCh38)³⁵ was the large difference — in content and structure — between the first genome sequenced and additional human genomes.^{19,36,37} Although most people had accepted the notion that humans would differ from one another by millions of SNVs, the

idea that the genetic code of two humans would vary by tens of thousands of larger (>50 bp) insertions, deletions, and inversions took much longer to realize and accept (Table 1). The idea that two humans might in fact differ in their gene content because of the gain and loss of duplicate genes is still emerging³⁸ but was clearly foreshadowed by the early work on the opsins and color-blindness traits.

This is a critical point, since the reference genome is the benchmark used by clinicians and geneticists to discover genetic variants associated with a disease. Widespread genome structural variation means that any single human haplotype, such as the first human reference genome, may be missing or may have sequence variants, including structural variants, that may or may not be present in the majority of humans. Moreover, complex regions of genetic variation are not particularly well understood outside of humans because nonhuman primate genomes have not been finished to the same standard as the human reference genome and typically carry hundreds of thousands of gaps precisely over these regions of complex genetic variation.³⁹ Because of this missing information, our understanding of tolerance of variation and the extent of conservation in these regions is limited, and the genes therein have been excluded from disease association studies. A more systematic analysis of multiple human genomes — yielding reference genomes for different human populations — is required. There have been several attempts over the years to rapidly identify missing sequence by assembling short-read data from ethnically diverse populations.^{40,41} Because the sequence is often highly enriched in repetitive DNA, it is not accurately assembled or easily integrated into the current reference genome and, as a result, the associated structural variation is not well-characterized. For this reason, the National Institutes of Health recently issued a request for applications to generate high-quality reference genomes from people of diverse ancestry. Diverse reference genomes would enable variation discovery that is not guided by the human reference genome and would serve as stand-alone independent assemblies for future discovery.

Long-read sequencing technology has allowed us to directly sequence large stretches (ranging from 10,000 bp to 1,000,000 bp) of native DNA. This is particularly advantageous for detecting structural variation, because the long reads pro-

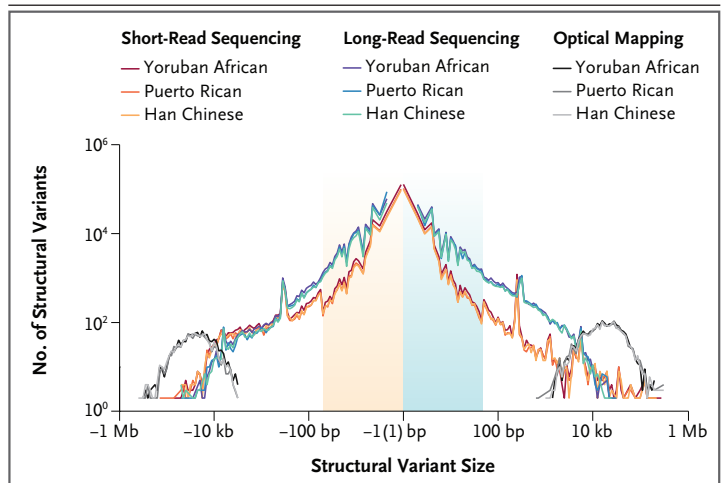


Figure 2. Sensitivity of Structural-Variant Detection with the Use of Different Genomic Technologies.

Shown is a comparison of the number of structural variants (gains or losses of DNA shown on a log scale) as a function of variant size among the same three human genomes, detected with the use of different variant discovery technologies. Structural variants, insertions, and deletions were discovered by short-read sequencing, long-read sequencing (e.g., PacBio), and optical mapping technology (e.g., Bionano Genomics). Short-read sequencing shows reduced sensitivity for the detection of structural variants, especially insertions of 50 bp to 2000 bp. Both technologies underperform for sequence resolution of larger multi-copy-number variants (>10,000 bp); optical mapping technology can be used to detect such variants but not to resolve their sequence organization. Adapted from Chaisson et al.¹⁴

vide the necessary context to anchor and sequence-resolve most structural variants regardless of sequence composition. Numerous studies have provided evidence that long reads enhance the detection of structural variants,^{30,39,42-45} especially those between 50 bp and 2000 bp in length. Direct comparisons have shown that long reads deliver 2.48 times as many structural variants as short reads alone, even at their maximum possible sensitivity. It is estimated that at least 48% of deletions and 83% of insertions are routinely missed by the application of multiple short-read-calling algorithms.¹⁴

Long-read sequencing technology provides access to regions that were previously opaque to studies of human genetic variation, including variable-number tandem repeats (VNTRs),^{30,46} segmental duplications,³⁸ and centromeres.⁴⁷ This has led to an explosion in the discovery of complex genetic variation. For example, an analysis of 15 human genomes that used long reads resolved approximately 100,000 common structural variants, about half of which were previously un-

Table 2. Genetic Disease and Complex Variants.*

Disease	Variant or Variants and Location	Gene or Genes	Locus Structure Represented in Human Reference Genome†	Variant Detectable by Whole-Exome Sequencing	Variant Detectable by Whole-Genome Sequencing‡	Method of Discovery
X-linked dystonia–parkinsonism	SVA insertion, noncoding region ^{21,§}	TAF1	Yes	No	No	Long-read transcript sequencing
Bipolar disorder and schizophrenia	VNTR composition, noncoding region ²⁰	CANA1C	No	No	No	Long-read sequencing
Schizophrenia	Complex structural variant of C4 genes, coding and noncoding regions ⁴⁸	C4A, C4B	Yes/No	No	Yes/No	Digital droplet PCR
Benign adult familial myoclonic epilepsy	TTTTA expansion, noncoding region ²²	SAMD12	No	No	No	Long-read sequencing
Baratela–Scott syndrome	CCG expansion, noncoding region ⁴⁹	XYLT1	No	No	Yes	Southern blot and Illumina sequencing
Fascioscapulothoracic muscular dystrophy	Macrosatellite D4Z4 contraction and permissive SNVs, coding and noncoding regions ^{5,46}	FSHD1	Yes/No	No	Yes/No	Southern blot
Amyotrophic lateral sclerosis–frontal temporal dementia	GGGCC repeat expansion, noncoding region ^{30,51}	c9ORF72	No	No	Yes/No	Southern blot, FISH, and repeat-primed PCR

* FISH denotes fluorescence in situ hybridization, PCR polymerase chain reaction, SNV single-nucleotide variant, and VNTR variable-number tandem repeat.

† “Yes/No” indicates that the locus structure was incompletely represented in the human reference genome.

‡ “Yes/No” indicates that the variant could be partially detected (depending on the size of the allele — i.e., sequences of the larger alleles are not completely resolved).

§ SVA (SINE-VNTR-Alu) is a class of retrotransposon found in humans and great apes.

known.⁴⁶ Multiple human reference genomes also provided information on the existing human reference genome sequence — enabling the identification of more than 15,000 sites where the sequence is either in error or represents the minor alleles (alleles that are present in the population with a prevalence of <50%). This study also uncovered previously unidentified regulatory sequence, exons, and protein-encoding genes.^{38,46} Sequence resolution of structural variants has, not surprisingly, improved genotyping of these variants^{13,46} even when they are “read” by short-read sequencing, allowing for the discovery of new candidates for disease association.^{20–22}

DISEASE VARIANT DISCOVERY

Several studies illustrate the importance of more comprehensive variant discovery (Table 2), especially as it relates to associations between variants and complex genetic diseases.^{20–22} For 10 years, genomewide association studies of bipolar disorder and schizophrenia have consistently identified a region mapping within the gene *CACNA1C* (encoding a calcium channel subunit) but have not discovered the disease-associated mutation. Song et al. focused on an intronic 30-bp VNTR and showed that all humans carry an expansion of 100 to 1000 units of this repeat.²⁰ This finding is in contrast to that in the human reference genome, in which it appeared that only two subunits were present, an artifact that was probably caused by a combination of the instability of this repeat and bad luck when preparing it for sequencing as part of the Human Genome Project. Although the expansion is highly variable in length, it is not its size that is associated with the disease but rather the sequence composition and abundance of specific 30-bp repeats that define protective and risk haplotypes. Song et al. showed that composition differences in the sequence (deduced with long-read sequencing) were associated with differences in the expression of *CACNA1C* in neural cells.²⁰

Similarly, linkage analysis in Asian families with benign adult familial myoclonic epilepsy had narrowed the genetic cause of the autosomal dominant disorder to chromosome 8q24 without resolution of the disease-causing variant for more than 20 years. Using long-read sequencing technology, Ishiura and colleagues identified expansions of TTTC and TTTTA in the intron of

the gene *SAMD12* in 49 of 51 families.²² The TTTCA expansions, in particular, were exclusive to patients and not found in controls. The authors then searched for expansions of this motif in other genes and identified similar expansions within the introns of different genes — for example, *TNRC6A* (encoding trinucleotide repeat containing 6A) and *RAPGEF2* (encoding Rap guanine nucleotide exchange factor 2) — in the other two families. They concluded that the repeat expansions (irrespective of the gene) cause benign adult familial myoclonic epilepsy, probably through RNA-mediated toxicity mechanisms, which provided a new paradigm for the discovery of pathogenic epilepsy alleles.²²

Finally, Aneichyk and colleagues undertook a multilayered genomic analysis to identify the cause of an elusive mendelian neurodegenerative disorder, X-linked dystonia–parkinsonism.²¹ Using combined long-read transcriptomic and genomic approaches, they identified the likely causal mutation as a retrotransposition mutation within an intron of the gene *TAF1*. This mutation event, which occurred in a founder haplotype of the island of Panay, Philippines, induced aberrant splicing of pre-messenger RNA. Long-read sequencing confirmed the presence of aberrant splice variants in persons with this rare form of parkinsonism.²¹ Such examples provide a path forward for identifying the variants involved in a subset of the more than 20% of mendelian disorders for which no pathogenic mutation has yet been discovered.

FUTURE PROSPECTS AND PERSPECTIVES

Technological advances in the past decade have dramatically changed our potential to discover and diagnose disease-causing variation. Despite the many success stories in human genetics, a large fraction of the genetic causes of both rare mendelian and common complex diseases remains unidentified. Although many would argue that this is simply a question of increasing sample sizes to provide increased power, another possibility is that the variant in question has been missed even after “whole”-genome sequencing. In that case, simply sequencing more patient samples with short-read data sets and aligning reads to a single reference genome is a suboptimal approach. Going forward, there are several areas

that, if supported, will provide a more comprehensive understanding of the causes of genetic disease.

MULTIPLE HUMAN REFERENCE GENOMES

Given the complexity of genetic variation, it is clear that one reference genome is inadequate to represent human genetic diversity. There is a need to sequence and assemble normal genomes from different human populations but in particular from persons of African descent, the population in which the greatest source of genetic variation lies.⁵² Long-read DNA sequencing coupled with short-read error correction is leading to the development of dozens of new reference genomes, with more than 50 now in production. It is estimated, on the basis of our current rate of discovery, that sequencing 300 human genomes in such a manner would double the current number of known (at the level of DNA sequence) structural variants, identifying, in theory, the majority of common structural variants (or at least those with an allele frequency of $\geq 1\%$).⁴⁶ Sequence resolution of structural variants has the benefit that such alleles can be better genotyped^{13,46} in existing short-read data, which in turn permits the identification of new associations in the millions of Illumina genomes that have already been generated.

PHASED GENOMES

Many disease-causing variants map outside of coding regions (Table 2), although their pathogenic effects often influence gene expression and translation. Although exome sequencing incurs less cost and thus permits greater sample size and power, it provides almost no information on regulatory mutations and limits the detection of small structural variants even within coding sequence.⁵³ The discovery of pathogenic mutations associated with noncoding mutations is challenging. However, because structural variants are more likely than SNVs to be deleterious and affect the expression of genes, the systematic discovery of such variants may provide a better foothold for understanding noncoding regulatory mutations and their effect on common and rare genetic disease. Full genome sequencing is critical for the detection of structural variants and, in particular, fully phased long-read genome sequence data are estimated to provide a structural-variant yield that is 2.8 times as high as

that obtained by Illumina whole-genome sequencing, as well as to increase the yield by 30% as compared with long-read callers that do not phase.¹³ We should therefore start thinking of a 6-Gbp (instead of a 3-Gbp) genome, in which both parental haplotypes are fully sequenced and assembled.^{14,54}

ASSEMBLY VERSUS ALIGNMENT

Clinically, there is value in moving away from a model of variant discovery based on aligning fragments of sequence to a reference genome and toward a model in which variants are discovered on the basis of de novo assembly. Incomplete reference genomes can lead to a failure to discover pathogenic alleles as well as to misinterpretation of variants on the basis of mismapping. I predict that, within 10 years, it will be possible to clinically sequence and assemble both haplotypes of a patient first, followed by variant discovery by means of a comparison with a reference sequence. This will be particularly valuable for patients with adult-onset diseases (e.g., schizophrenia, Alzheimer's disease, and Parkinson's disease), for whom parental DNA may not be available. In such cases, physical phasing of long-read sequencing data with new genomic technologies will allow both parental haplotypes to be resolved and compared with other genomes.¹⁴ Such comparisons will facilitate the discovery of private genetic variants. This will require the use of multiple reference genomes and, potentially, graph-based reference genomes (i.e., nonlinear genome representations that build on a reference and capture the haplotypic diversity of a species or a population) as ways of expanding and improving human reference diversity and variant discovery.^{55,56}



An audio interview with Dr. Eichler is available at NEJM.org

SEQUENCING FROM TELOMERE TO TELOMERE

Routine analysis of the human genome with the use of short-read sequence data captures only approximately 85% of the genome and excludes some of the most variation-rich regions, which are thus excluded from tests of association.⁸ The

goal should be simple: complete telomere-to-telomere sequence characterization of human chromosomes, including acrocentric, telomeric, centromeric, and segmentally duplicated DNA. Long-read and ultra-long-read sequencing platforms^{30,38,47} are now providing access to these traditionally opaque regions of human genetic variation.

HIGH-QUALITY COMPARATIVE GENOME SEQUENCING

The interpretation of variants benefits from a fundamental understanding of rates of de novo mutation, conservation of DNA sequence across species, and selection at any given locus. Specific tools^{57,58} that exploit knowledge of these forces have been helpful in the identification of likely pathogenic variants. However, they require that the pattern of variation be uniformly ascertained both within and between species. Because many stretches of orthologous DNA sequence are historically not well aligned and have rates of mutation that differ by orders of magnitude, it is critical that the same rigor that is applied to the sequencing of additional human genomes also be applied to nonhuman primate, mammalian, and vertebrate genomes.^{59,60}

It is time for a new era of comparative sequencing, with the goal of sequencing the genomes of multiple diverse humans and nonhuman primates to completion. In the short term, this will allow for the development of both the evolutionary and the population frameworks needed to interpret the full spectrum of human genetic variation. Such data will permit the discovery of new disease-causing alleles and the development of new strategies to identify them. In the long term, these genomic advances will provide a template for how to phase, sequence, and assemble patients' genomes in the clinic, which will become more tenable as the costs of long-read technology decrease and throughput increases.

Disclosure forms provided by the author are available with the full text of this article at NEJM.org.

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